

HEALTH HUB MEMBERSHIP OPTIONS

WHAT WE OFFER

- Fully air conditioned indoor gym with Integrity Series Life Fitness cardio equipment, free weights area featuring Hammer Strength resistance kit, an indoor sled track, Strength and Conditioning area and functional training area.
- Outdoor gym with functional fitness rig and covered exercise area
- Five group exercise studios for classes (indoor, outdoor, group X and designated spin studio)
- 17m indoor swimming pool, sauna, steam room and Jacuzzi
- Relaxation room with heated loungers
- Outdoor hot tub and Cold Plunge



CHOOSING YOUR MEMBERSHIP

Our membership options are flexible to tailor your experience with us, only pay for what you will use, have a look below at the choices available:

GYM MEMBERSHIPS

Make use of our gym facilities, both indoor and outdoor. You will also benefit from a complimentary goal setting session with one of our Personal Trainers where you can outline your goals and make a plan to help you achieve them.

SWIM MEMBERSHIPS

These memberships are ideal for those who love a relaxing swim or want to get fit using the resistance of water, it is also perfect for rehabilitating injuries and getting back to fitness post surgery. Aquafit classes are included in swim memberships.

CLASS MEMBERSHIPS

Join any of our classes including Aquafit, Strength and conditioning and Les Mills Body Pump, all hosted by our expert trainers. From Yoga and Pilates to Indoor Cycling and Abs Blast, we have a class to suit all ages, abilities and needs.

HOW TO JOIN

STEP ONE

Build your bundle – Choose either 1, 2 or 3 areas of the club and only pay for what you use. Choose from Studio Classes, Pool and/or Gym to build the membership package that works for you.

STEP TWO

Decide how you would like to pay – we offer monthly direct debit options or annual payment deals. Sign up online via our website or in club at The Health Hub reception.

STEP THREE

Enjoy your Health Hub membership!



MONTHLY MEMBERSHIPS 12 MONTH CONTRACT - NO JOINING FEE

MEMBERSHIP	SILVER	GOLD	PLATINUM
SINGLE	£57.50	£62.50	£67.50
JOINT	£95.00	£105.00	£115.00

SILVER - ONE AREA | GOLD - TWO AREAS | PLATINUM - THREE AREAS

MONTHLY MEMBERSHIPS ROLLING CONTRACT - £35.00 JOINING FEE

MEMBERSHIP	SILVER	GOLD	PLATINUM
SINGLE	£62.50	£67.50	£72.50

SILVER - ONE AREA | GOLD - TWO AREAS | PLATINUM - THREE AREAS



SHORT TERM MEMBERSHIPS

Our short term memberships include full access to the club and facilities.

ONE DAY PASS	£35.00	ONE WEEK PASS	£45.00
ONE MONTH PASS	£80.00	THREE MONTH PASS	£210.00

ANNUAL MEMBERSHIPS

MEMBERSHIP	SILVER	GOLD	PLATINUM
SINGLE	£635.00	£690.00	£745.00
JOINT	£1,050.00	£1,160.00	£1,270.00

SILVER - ONE AREA | GOLD - TWO AREAS | PLATINUM - THREE AREAS

THE FINER DETAILS

CLUB ACCESS

To access the club, you'll need to complete your digital membership documents, available from The Health Hub reception between 8:00am-8:00pm Monday to Friday and 8:00am-4:00pm on weekends and Bank Holidays. You'll also need to download our membership app using the link provided in your welcome email.

JOINT MEMBERSHIPS

To qualify for a joint membership, all members must live at the same address (proof may be required). Any membership freeze will apply to all members on the joint account.

GUEST PASSES

Guests are welcome for £15.00 per visit and can enjoy full use of the club facilities during their visit.

PERSONAL TRAINING & CLASSES

- Personal Training sessions cancelled with less than 24 hours' notice will be charged in full.
- Members attending Indoor Cycling must complete a Functional Threshold Power (FTP) test before their first class. Please speak to a member of the team to arrange this.

CANCELLING YOUR MEMBERSHIP

One calendar month's written notice is required. Once received and confirmed by our team, your membership will end at the close of the following month. Memberships cannot be cancelled during the minimum commitment period, and cancelling your Direct Debit does not terminate your membership.

FREEZING YOUR MEMBERSHIP

One calendar month's written notice is required. Memberships can be frozen for 1-3 months within any 12-month period. A holding fee of £8.00 per month applies to Direct Debit memberships. Freezing a 12-month contract will extend the renewal date accordingly.

REFUND POLICY

Annual memberships and Personal Training packages are non-refundable. Monthly memberships are subject to the cancellation terms outlined in your contract. Class cancellations made within 24 hours, or no-shows, will be charged in full. Online purchases are covered by a 14-day cooling-off period, provided the membership or package has not been used. Refund requests must be submitted in writing and will be considered on a case-by-case basis.